

# 3rd ESP Asia Conference

14-17 December 2021 | Nagasaki, Japan

Eco-health and ecosystem services in Asia:  
Bottom-up aspects for planetary health

ONLINE

## SESSION DESCRIPTION

ID:

Session title: Primary Health Care in Asia: A community-based healthcare as a possibly most closer system to Planetary Health

Hosts:

	Title	Name	Organisation	E-mail
Host:(1)	Dr.	Rie Ogasawara	Osaka University	r.ogasawara@hus.osaka-u.ac.jp
Co-host(s):	Prof.	Yasuhide Nakamura	Friends of WHO Japan	president@japan-who.or.jp
Other				

1) Preferably max 2 per session (1 host and 1 co-host). If necessary you can add more co-hosts but we will only send correspondence to the people listed as Host. Hosts are requested to forward relevant correspondence to the co-hosts, and other people involved in the organisation.

2) Other people involved in the organisation of the session can be listed here (you can add rows as needed);

## Abstract:

WHO and UNICEF (1978) defines that Primary Health Care (PHC) is a whole-of-society approach to health that aims at ensuring the highest possible level of health and well-being and their equitable distribution by focusing on people's needs and as early as possible along the continuum from health promotion and disease prevention to treatment, rehabilitation and palliative care, and as close as feasible to people's everyday environment. PHC recognizes health as a basic human right and guarantees residents' proactive participation and right to self-determination. Its basic activities include 1) health education, 2) water and sanitation, 3) nutrition, 4) maternal and child health, 5) immunization, 6) infectious disease prevention and control, 7) simple treatment, and 8) supply of basic medicines.

Medicine in nature cannot abandon the lives that can be saved, nor can we go back to the days of zero antibiotics; however, it is essential to seriously explore the possibility and method of how man-made medicine for human health and planetary health can coexist for the future. In the midst of the modern medicine where highly advanced medicine is attracting much attention, PHC, which is based on limited resources and the inherent resilience and

immunity of human beings, can be considered one of the most “sustainable” forms of medicine in terms of planetary health.

In our session, we will invite 4–5 presenters to present PHC practices in their local community in Asia. We have candidates from Indonesia and the Philippines, and welcome other presenters from all over Asia. We will share good PHC practices from various Asian countries and explore how we can think of the balance between human health and planetary health.

#### Goals and objectives of the session:

This session aims to let participants

- to understand what is PHC and how PHC can be sustainable and closer to Planetary Health
- to know good PHC practices in Asian countries
- to have his/her own view point about how human health and planetary health can coexist in terms of the PHC as well as the lessons learnt from Asian communities.

#### Planned output / Deliverables:

Through this session, participants can

- be aware the “tradeoff” relation between man-made healthcare/medical system and planetary health
- obtain knowledge on the concept of PHC and good practices in various Asian communities
- think closely how human health and planetary health can coexist with the PHC as a starting point

#### Voluntary contributions accepted:

Yes, we welcome any abstract to be submitted to our session for review.

#### Related to ESP Working Group/National Network:

TWG 9: ES & Public health