



# EAOPD CONGRESS 2020

ON OROFACIAL PAIN AND TEMPOROMANDIBULAR DISORDERS

SEPTEMBER 4-5, 2020

VENUE: UNIVERSITY OF LISBON, PORTUGAL

**OROFACIAL PAIN & DYSFUNCTION IN EUROPE:**  
MYALGIA AND SLEEP

[www.eaopd.org](http://www.eaopd.org)



**EAOPD**  
European Academy  
of Orofacial Pain and Dysfunction

# PROGRAM

EAOPD CONGRESS 2020

## FRIDAY, SEPTEMBER 4, 2020

### PLENARY LECTURES

08:00	<b>Registration</b>	13:30	<b>The neuro-immune-emotional interface of orofacial pain</b>
08:45	<b>Welcome</b> President & SPC Chair	14:30	<b>Pain and emotions</b> Beat Steiger
09:00	<b>Physiology of myalgia</b> Jay Shah	15:30	<b>COFFEE BREAK &amp; Poster viewing</b>
10:00	<b>Science of trigger points</b> Jay Shah	16:00	<b>Hypnosis for sleep and pain</b> Randi Abrahamsen
11:00	<b>COFFEE BREAK &amp; Poster viewing</b>	17:00	<b>Poisons in opéra (special lecture)</b> João Paulo André
11:30	<b>Management of myalgia</b> César Fernández de las Peñas	17:30	<b>General Assembly</b>
12:30	<b>Poster Presentations' Competition</b>	19:00	<b>Drinks/Dinner</b>
12:30	<b>LUNCH</b>		

## SATURDAY, SEPTEMBER 5, 2020

### PLENARY LECTURES

09:00	<b>Pain and circadian rhythms</b> Miguel Meira e Cruz	11:00	<b>COFFEE BREAK &amp; Poster viewing</b>
10:00	<b>Melatonin for pain and sleep</b> Dario Acuña-Castroviejo	11:30	<b>Cannabinoids for pain and sleep</b> Vinicius Barbosa
		12:30	<b>LUNCH</b>

### WORKSHOPS (SELECT TWO)

	1	2	3	4	5	6	7	8
13:30	<b>Hypnosis</b> (English)  (Abrahamsen)	<b>Dry needling</b> (English)  (Shah)	<b>Ambulatory sleep assessment</b> (English)  (Cruz)	<b>TENS/US for muscle pain</b> (English)  (Barbosa)	<b>Web-based symptom evaluation</b> (Portuguese)  (Guimaraes)	<b>Web-based symptom evaluation</b> (English)  (Ettlin)	<b>Sensory testing</b> (English)  (Baad-Hansen)	<b>Orofacial examination</b> (English)  (Alstergren/Lukic)
14:30	<b>Hypnosis</b> (English)  (Abrahamsen)	<b>Dry needling</b> (English)  (Shah)	<b>Ambulatory sleep assessment</b> (English)  (Cruz)	<b>TENS/US for muscle pain</b> (English)  (Barbosa)	<b>Web-based symptom evaluation</b> (Portuguese)  (Guimaraes)	<b>Web-based symptom evaluation</b> (English)  (Ettlin)	<b>Sensory testing</b> (English)  (Baad-Hansen)	<b>Orofacial examination</b> (English)  (Alstergren/Lukic)

15:30	<b>COFFEE BREAK</b>	17:30	<b>Closing remarks / Award recipients announcement</b>
16:00	<b>Oral Presentations' Competition</b>		
17:00	<b>Poster Presentations' Competition</b>	18:00	<b>Drinks</b>

LISBON, SEPTEMBER 4-5, 2020  
INSTITUTO DE MEDICINA MOLECULAR

[www.eaopd.org](http://www.eaopd.org)



**EAOPD**  
European Academy  
of Orofacial Pain and Dysfunction