



Program

Wednesday June 18, 2025

08:30 Walk-in with coffee/tea

09:00 Opening
Frederike Jörg, chair

09:05 **KEYNOTE:** The SMART Mental Health trial
Pallab Maulik

ORALS – SESSION 5 **Vulnerable groups**

09:40 5.1. Prevention of mental disorders after exposure to natural hazards: a meta-analysis –
Lasse Sander

09:50 5.2. A universal, school-based, LGBTQI+ inclusive, trauma-informed program to prevent depression and anxiety: Adaptation and RCT outcomes - *Louise Birrell*

10:00 5.3. Strategies to address depression among adolescents living in India slums; reflections from ARTEMIS and ANUMATI-2.0 studies - *Kanaka Sandhya Yatirajula*

10:10 5.4. Quantifying Inequality: Evaluating Scales for Racial Discrimination Measurement –
Kristen Kenan

10:20 Discussion session 5
Moderator: Simon Gilbody

10:40 Break

ORALS – SESSION 6

Digital innovations for prevention, detection and depressive symptoms

- 11:10 6.1. Low-intensity mobile interventions using SMS for depression prevention –
Adrian Aguilera
- 11:20 6.2. From research to reality: Implementing the ClearlyMe CBT program and assessing real world impact - *Aliza Werner-Seidler*
- 11:30 6.3. How to design chatbots for preventing and treating depressive symptoms in youth? Insight from the Cady project - *Stefan Lüttke*
- 11:40 6.4. Early SoDA: Early Detection of Depression and Anxiety Disorders in Adolescents and Young Adults - *Johanna Löchner*
- 11:50 6.5. Are we lowering the threshold for diagnosis and treatment, and is this helpful or harmful for long-term prognosis? The ADHD controversy project - *Arnstein Mykletun*
- 12:00 Discussion session 6
Moderator: Toshiaki Furukawa
- 12:20 Lunch Break with Guided City Walk**
- 14:00 **Interactive panel discussion:** Indicated versus universal prevention: should prevention be offered to everyone or to those with subthreshold depression?
chaired by Claudia Buntrock with panelists Toshiaki Furukawa, Ricardo F. Munoz and Pim Cuijpers

ORALS – SESSION 7

Effectiveness and implementation of interventions for primary care, subthreshold depression and perinatal depression

- 15:00 7.1. Scaling a Perinatal Depression Intervention: A Model for Implementing and Evaluating Mothers and Babies in the “Real World” - *Darius Tandon*
- 15:10 7.2. Preventing Adolescent Depression through an Internet-Based Intervention: Implementation into Primary Care Practice – *Kristen Kenan*
- 15:20 7.3. Preventive Intervention in Subthreshold Depression: Findings of Two Individual Participant Data Meta-Analyses on Major Depression Onset, Effect Modifiers, and Implications for Practice - *Mathias Harrer*
- 15:30 7.4. Preventing Adolescent Depression through an Internet-Based Primary Care Intervention: A Qualitative Examination of Adolescents’ Intervention Response - *Tracy Gladstone*
- 15:40 Discussion session 7
Moderator: Helen Christensen
- 16:00 Break**

ORALS – SESSION 8

Co-design/tools for developing more relevant and potentially effective prevention interventions/policy

- 16:30 8.1. Prevalence, socio-demographic characteristics, social contact and support, stress and stressful life events of households with parents with mental and substance use disorders in the postal codes and neighborhoods of the northern provinces of the Netherlands – a Lifelines cohort study - *Lisa Maeder*
- 16:40 8.2. Implementing workplace interventions to prevent depression in adults: Co-design and cluster randomised controlled trial - *Philip Batterham*
- 16:50 8.3. Meaningful youth participation: An effective and innovative intervention for global youth mental health promotion - *Maree Teesson*
- 17:00 Discussion session 8
Moderator: Robert Schoevers
- 17:15 Final remarks
Frederike Jörg
- 17:30 End of the meeting**