



## Program

**Tuesday June 17, 2025**

**08:30 Reception and registration**

**09:00** Opening and welcome remarks

*Robert Schoevers, chair*

*Pim Cuijpers*

*Delegate of the province of Groningen*

**09:15 PRESENTATION:** Health aspects of earthquake problems in the province of Groningen

*Tom Postmes*

**09:35 KEY NOTE:** The results of the RESILIENT trial and the protocol of the next BEATRICE platform

*Toshiaki Furukawa*

### ORALS – SESSION 1

#### Advanced methodologies for impact evaluation or subgroup identification

**10:10** 1.1. Tackling engagement and implementation, using models employed in suicide prevention research - *Helen Christensen*

**10:20** 1.2. Indicated versus universal prevention? Advanced solutions based on group based trajectory modelling? - *Terry (Traolach) Brugha*

**10:30** 1.3. Dismantling and Personalising Cognitive Behavioural Interventions for Subthreshold Depression: A Systematic Review and Component Network Meta-Analysis Using Individual Participant Data - *Antonia Sprenger*

**10:40** Discussion session 1

*Moderator: Pim Cuijpers*

**11:00 Break**

## ORALS – SESSION 2

### Key strategies for implementation: scale-up of mental health programs

- 11:30 2.1. Strategical principles for a community-oriented plan for promotion of mental health and prevention of common mental disorder in a rich welfare state: A Norwegian perspective – *Arne Holte*
- 11:40 2.2. Learning how to scale-up and to implement school-based prevention programmes with high model fidelity - *Sanne Rasing*
- 11:50 2.3 Youth-centred approaches to the implementation of risk prediction modelling and personalised prevention: results from a systematic review and a qualitative interview study – *Josefien Breedvelt and Anna Peycheva*
- 12:00 2.4 Barriers and facilitators for experts implementing evidence-based prevention interventions among the general population on depression and anxiety: a survey study – *Xiaodan Peng*
- 12:10 2.5. Applying the Precision Implementation Approach in Preventive Mental Health: Overcoming Barriers for Sustainable Impact - *Lisa Segre*
- 12:20 Discussion session 2  
*Moderator: Frederike Jörg*
- 12:45 Lunch Break**
- 13:45 **KEYNOTE:** Depression prevention and the land down under: results from two large scale Australian trials  
*Maree Teesson*

## ORALS – SESSION 3

### Sustainable implementation and effectiveness of school-based interventions

- 14:20 3.1. Sustainable Implementation of School-Based Depression Prevention: What makes Psychologists more Effective than Teachers? - *Patrick Pössel*
- 14:30 3.2. Can the effects of a brief accessible workshop programme for 16-18 year olds (Discover) last 2 years? - *June Brown*
- 14:40 3.3. Long-term effects of a selective personality-targeted school-based prevention program on internalizing and externalizing problems in early adulthood - *Nicola Newton*
- 14:50 Discussion session 3  
*Moderator: Sanne Rasing*
- 15:10 Break**
- 15:40 **PRESENTATION:** Conditions for effective prevention of common mental disorders when funding is limited and temporary  
*Hans Ormel*

## ORALS – SESSION 4

### Indirect prevention/intervention strategies

- 16:00 4.1. Can we prevent depression by tackling loneliness? A living systematic review [LSR] of psychological interventions and exploration of indirect prevention - *Simon Gilbody*
- 16:10 4.2. Transforming depression prevention by targeting adolescent sleep - *Kate Maston*
- 16:20 4.3. 24-month outcomes from a school-based eHealth lifestyle intervention. Depression and mental health outcomes of the Health4Life cluster randomised controlled trial –  
*Louise Birrell*
- 16:30 4.4. Protocol of a randomized controlled multicenter trial investigating process and effectiveness of a Participatory Organizational Approach for Preventing Work-Related Mental Health Problems among Employees: Vital@Work - *Luuk Bouwens and Aartjan Beekman*
- 16:40 Discussion session 4  
*Moderator: Tracy Gladstone*
- 17:00 **PRESENTATION:** Strategies to reduce the disease burden of depression at the population level: An overview  
*Pim Cuijpers*
- 17:20 End of the day closing remarks  
*Robert Schoevers*
- 17:30 Spare time
- 18:30 Dinner (upon prior registration)**  
[Restaurant Prinsenhof](#)
- 21:30 Estimated end