

Active and Healthy Ageing at Work in Italy:  
Understanding Barriers, Facilitators, and Current Challenges  
BRIC-ID30/2022 Closing Conference

Date: 27 March 2026

Time: 10:30 – 16:00 CET

Location: INAIL, Via IV Novembre 144, 00187 Rome, Italy

Enabling people to maintain their functional abilities and wellbeing is an integral element of creating environments that support active and healthy ageing. With many European countries facing the challenge of retaining employees within an ageing workforce, creating those conditions in the workplace is particularly important. At the same time, many organisations are undergoing extensive changes driven by digitalisation, remote working and increasingly flexible and intense working schedules.

The INAIL-funded project BRIC-ID30/2022: ActiveAgeIT, which is being carried out jointly by the Italian Institute of Technology (IIT), Campus Bio-Medico University of Rome, and the Institute of Medical Sociology at Heinrich Heine University Düsseldorf, aims to improve the understanding of the factors that promote active and healthy ageing in Italian workplaces. The project places a particular focus on the implementation of Occupational Health and Safety (OHS) measures and their impact on older employees' work ability and retirement intentions in Italy. In addition, it provides insights into occupational health risks, such as musculoskeletal disorders and mental health conditions, within the context of emerging technologies and smart working.

The closing conference will present an overview of the project's findings and offer a forum for exchanging perspectives between researchers and occupational health policymakers. Confirmed speakers include Alessandra Sciutti, Senior Tenure Track Researcher at the IIT, Fabrizio Russo, Assistant Professor of Orthopaedics and Trauma Surgery at the Fondazione Policlinico Universitario Campus Bio-Medico of Rome, Nico Dragano, Professor of Medical Sociology at the University Hospital of Düsseldorf, Germany, and Paola Zaninotto, Professor of Statistics and Epidemiology at University College London, who will deliver the keynote lecture.

*More information about the work packages and studies can be found on the [project website](#).*

## SCIENTIFIC SECRETARIAT

Nico Dragano, Bruna Maria Rondinone, Antonio Valenti

## ORGANIZATIONAL SECRETARIAT

Grazia Fortuna, Pasquale Fruscella, Annika Höhmann, Marco Scalmani

## Agenda

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- 10:00 – 10:30 On-site registration and refreshments
- 10:30 – 10:45 Welcome and opening remarks  
*Bruno Papaleo*, Director of Department of Occupational and Environmental Medicine, Epidemiology and Hygiene (Dimeila), INAIL  
*Nico Dragano*, Professor of Medical Sociology, University Hospital Düsseldorf
- 10:45 – 11:30 *Keynote*: "Determinants of working life expectancy: evidence from Ageing Studies in Europe"  
*Paola Zaninotto*, University College London (UCL)
- 11:30 – 11:55 Active and healthy ageing at Work in Italy: results of a national survey  
*by Nico Dragano*, University Hospital Düsseldorf
- 11:55 – 12:15 An international perspective: company measures and health of elder workers in Europe  
*by Mariann Rigó*, University Hospital Düsseldorf
- 12.15 – 13:00 The impact of technology use at work on employees' performance and well-being  
*by Alessandra Sciutti*, Italian Institute of Technology (IIT)
- 13:00 – 14:00 Lunch break and networking
- 14:00 – 14:45 Smart Working and Musculoskeletal Health in Older Workers: Evidence from a Multidimensional Italian Study  
*by Fabrizio Russo*, Fondazione Policlinico Universitario Campus Bio-Medico
- 14:45 – 15:00 Coffee break
- 15:00 – 15:45 Panel discussion: "Promoting healthy ageing of workers in Italy – Future directions"  
**Moderator**: *Cristina Di Tecco*, Work and Organizational Psychologist  
*Daniele Di Nunzio*, Head of the Research Area, Fondazione Di Vittorio  
*Luca De Vita*, Head of Institutional Relations – Technical Area and Regulatory Affairs, National Association of the Automotive Industry Supply Chain (ANFIA)  
*Paola Zaninotto*, Professor of Statistics and Epidemiology, University College London (UCL)  
*Sergio Iavicoli*, Director General, Directorate-General for Prevention, Ministry of Health
- 15:45 – 16:00 Thank you and closing remarks  
*Antonio Valenti & Bruna Maria Rondinone*, INAIL  
*Nico Dragano*, University Hospital Düsseldorf
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*This event was organised as the closing conference of the INAIL-funded project BRiC-ID30/2022: ActiveAgeIT. BRiC-ID30/2022 was an international research project led by the Institute of Medical Sociology, University Hospital Düsseldorf, Heinrich Heine University and partners from the Italian Institute of Technology (IIT) and the Fondazione Policlinico Universitario Campus Bio-Medico.*

## HOW TO PARTICIPATE

Please note that on site capacity is limited, so we encourage you to register as soon as possible.

To confirm your participation please complete the short registration form: [Register here](#)

The event can also be followed online by connecting to the following link:

[Active and Healthy Ageing at Work in Italy: Understanding Barriers, Facilitators, and Current Challenges | Partecipazione alla riunione | Microsoft Teams](#)

The certificate of participation will be issued to participants who follow the event in person.