



On the other side: from experience to learning

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# Who are we?

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Narrative Medicine



Roos de Jonge,  
Assistant professor  
Community engaged learning



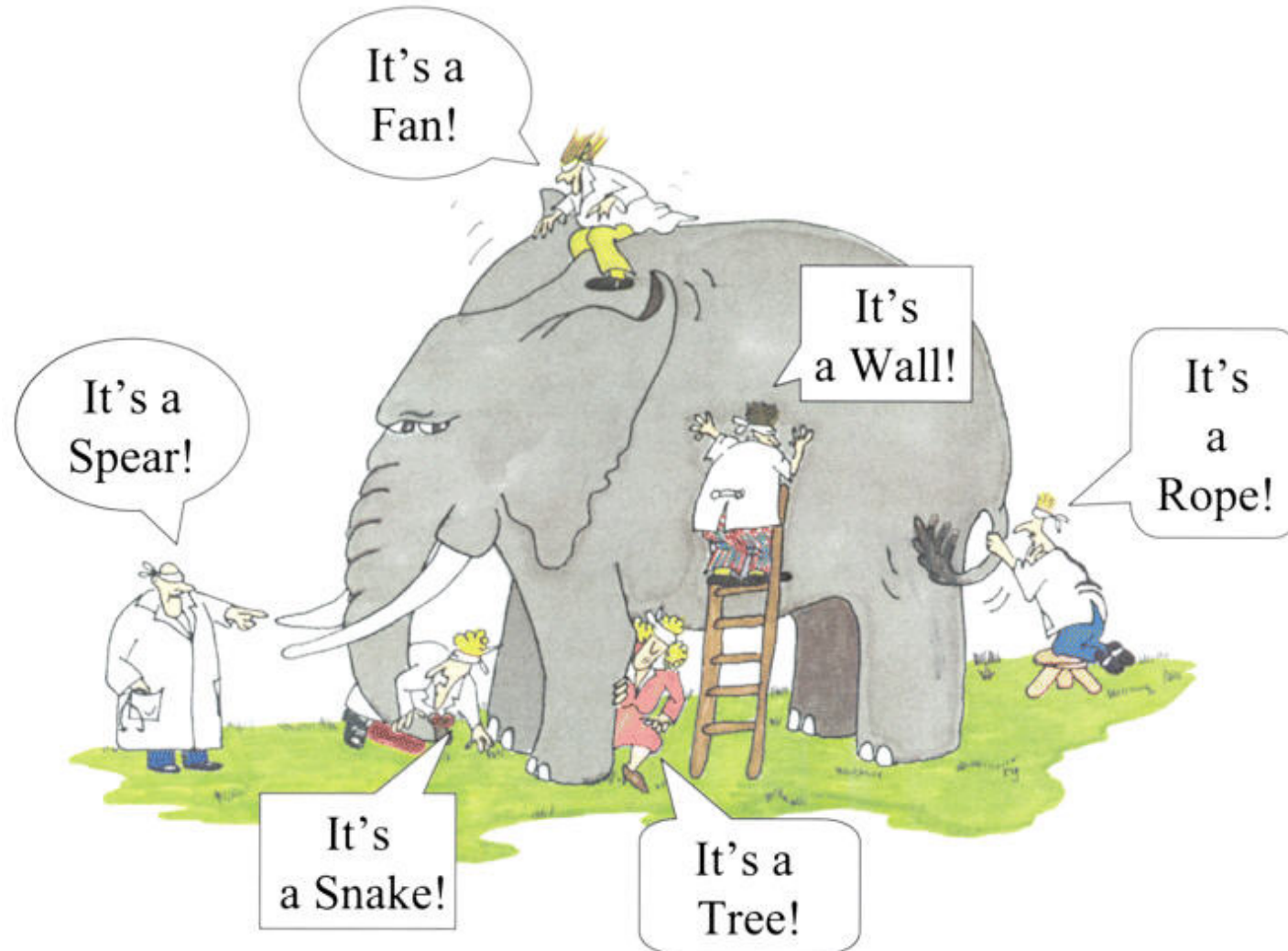
# Agenda

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- Perspective-taking
- Narrative Medicine: using arts to understand each others' stories
- Plenary exercise: Visual Thinking Strategies
- Small group exercise: Eyes and ears
- Reflection

# Perspective-taking and interdisciplinary collaboration

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# What is perspective taking?

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Conscious action to put yourself in the shoes of someone else:

- **Active process → awareness and motivation**
- **Associated with less bias and stereotypes**
- **“Easier” with people with a more similar identity/experiences.**

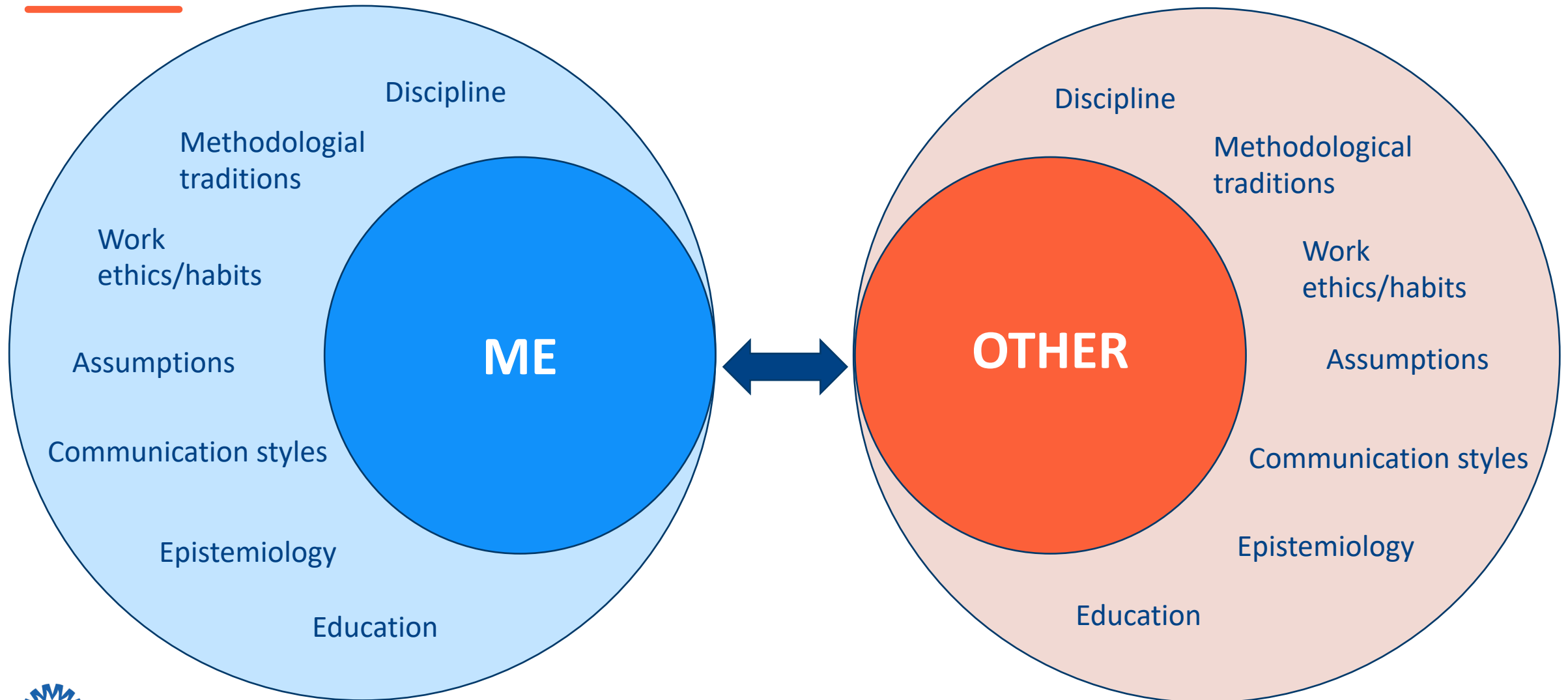
**Definition perspective-taking:**  
“To spontaneously adopt the psychological view of others”  
*(Davis 1980)*

# Perspective-taking vs Empathy

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# Perspective taking: Dynamic



# Narrative Medicine: understand each others' stories

Narrative medicine interventions are designed to help people develop and enrich their **narrative competence**: *“the ability to acknowledge, absorb, interpret and act on the stories and plights of others.”*



Self-awareness and self-reflection



Perspective-taking → empathy,  
compassion,  
interprofessional/interdisciplinary  
collaboration





# Arts & literature in Medical Education



- Outpatient clinic based on stories (“verhalenpoli”)
- Simulation exercises
- Engaging with a variety of stories & artforms
- Visual Thinking Strategies





## Plenary Exercise: Visual Thinking Strategy

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<https://www.nytimes.com/2023/09/24/learning/whats-going-on-in-this-picture-sept-25-2023.html>



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# Interactive activity: Eyes and Ears

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- 1. Split in two groups**
- 2. Eyes and Ears drawing (explanation in separate groups)**
- 3. Reflection**

# Reflection

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**Which did you experience?**

**What do you take home to your own practice?**

# Your practice

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**Write down how you can you**

# Interpretation (assumptions)

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