



# Welcome!

# Dynamics of Youth

Heidi Lesscher

Eline de Groot

Anne Margit Reitsema

Pascale Zantvliet



Dynamics  
of Youth



At Dynamics of Youth we experience and learn every day what it takes to do interdisciplinary research.



# Early Childhood community

- Aim: Elevate the impact of early childhood DoY research on society and contribute to children's positive developmental outcomes
- Scope:
  - Typical and non-typical development
  - Physical, cognitive, language, social-emotional development
  - Conception until 6 years



Aoju Chen  
Chair



Jeroen Dudink  
Chair



Pauline Slot  
Chair



Eline de Groot  
Postdoc

# Youth Education & Life Skills community

- Formal and non-formal education
- Learning Processes
- ‘Basic skills’
  - *(literacy, numeracy, citizenship skills)*
- and other life skills
  - *(higher order thinking, personal agency, interpersonal, digital skills)*
- Youth from 4 to 24



Liesbeth Kester  
Chair



Veronique Schutjens  
Chair



Pascale van Zantvliet  
Postdoc

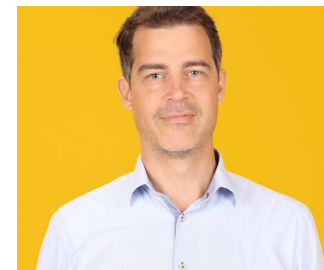
# Thriving and healthy youth community

- Aim: Enhancing development opportunities, resilience and destigmatizing children and youth
  - What can children do?
  - How can children be empowered?
  - How does a chronic disease affect the development of children?
- Special attention for emotion regulation and the influence of play on children's development

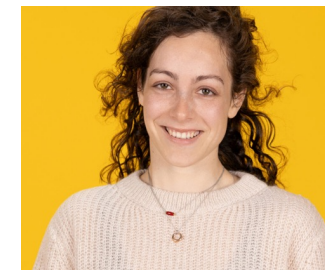


# Becoming adults in a changing world community

- Youth from 12 to 25
- Key developments in the transition to adulthood:
  - Preparation for work
  - Forming Relationships
  - Engaging with Diversity
  - Finding your Voice
- Current challenges shaping development:
  - Globalisation
  - Social-Economic Uncertainty
  - Climate Change
  - Digitisation



Jaap Denissen  
Chair




Marije van Braak  
Chair



Liam Stephens  
Postdoc

# Interdisciplinary Playground Session

A photograph of a modern playground with slides and climbing structures on a green lawn. In the background, there is a building with a blue roof and trees. The image is slightly faded to allow text to be overlaid.

Challenge yourself, be inspired by the creativity of others and envision youth research through different lenses!

# Speed dating

- Round 1: What surprised you today?
- Round 2: What are you proud of in your work?
- Round 3: What is the strangest question anyone has ever asked you about your work?
- Round 4: In what ways is interdisciplinarity a part of your work?
- Round 5: What expertise is still missing within your network?





Cases

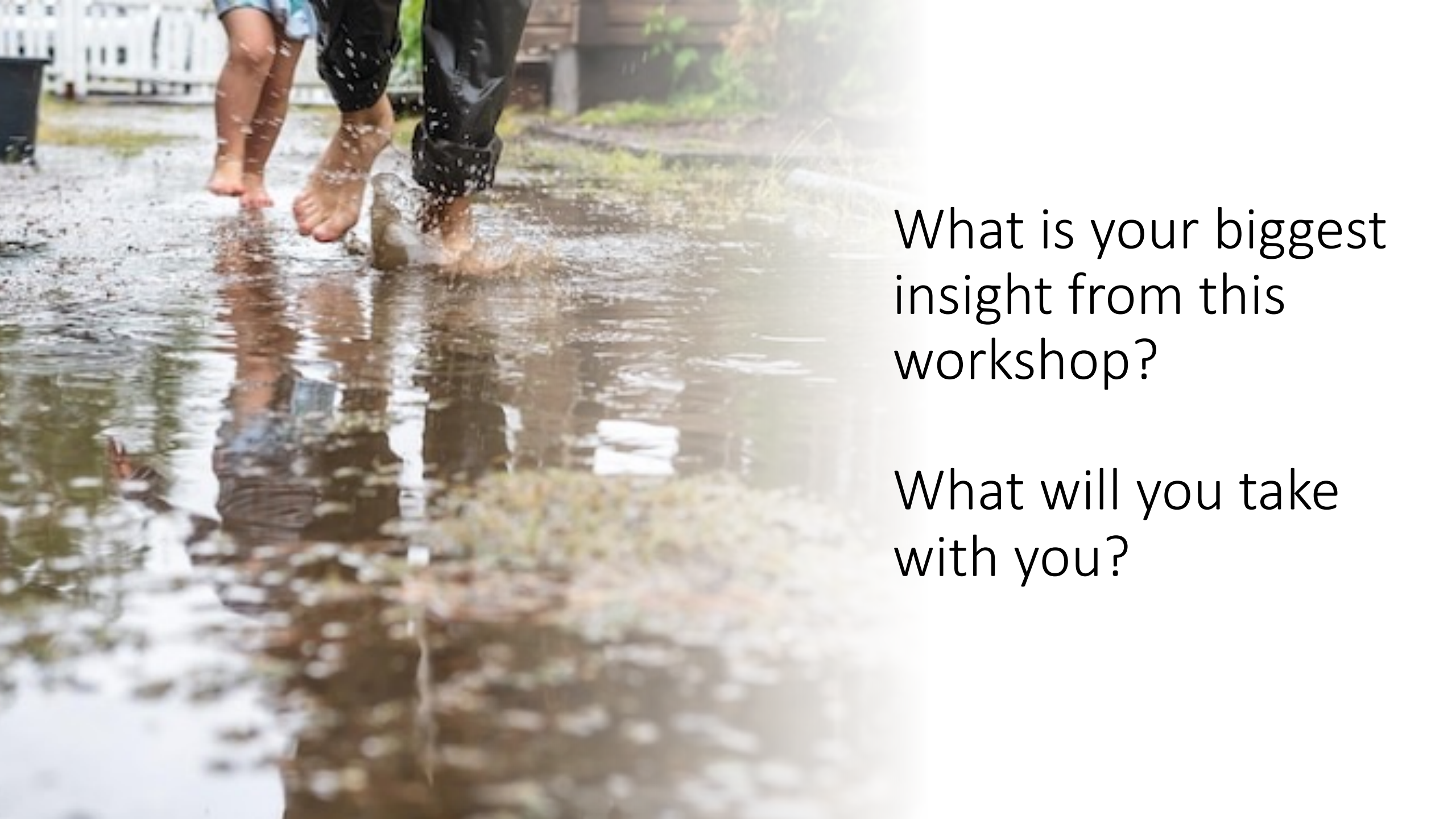
A child falls from a tree during an outdoor class

A 17-year-old youth worries  
about career choices in the  
rapidly changing job market

Pauze

A child sleeps outside at the  
daycare and parents disagree

A boy plays alone with his dog in  
an abandoned playground



What is your biggest insight from this workshop?

What will you take with you?

Interdisciplinarity requires checking assumptions, being curious about other's assumptions, and enjoying what sharing these can bring, such as getting a holistic view.



Join Dynamics of Youth and learn more about us

[Join Dynamics of Youth on LinkedIn](#)



[Stay in the loop and subscribe to our newsletter](#)



[Learn more about Dynamics of Youth, visit our website](#)



[Learn more about our communities, visit our Community Platform](#)



**Utrecht  
University**

*Dynamics  
of Youth*

# Get in touch and stay connected

- Dynamics of Youth: [doy-secr@uu.nl](mailto:doy-secr@uu.nl)
- Thriving & Healthy Youth: [thriving.youth@uu.nl](mailto:thriving.youth@uu.nl)
- Early Childhood: [early.childhood@uu.nl](mailto:early.childhood@uu.nl)
- Becoming adults in a changing world: [becomingadults@uu.nl](mailto:becomingadults@uu.nl)
- Youth Education & Life Skills: [youtheducation.lifeskills@uu.nl](mailto:youtheducation.lifeskills@uu.nl)